



1020 Center St., Suite 5
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www.SkyGymnastics.com

2022 Summer Session

Classes start July 5, 2022 & run through August 27, 2022!

Are you looking for a healthy, safe way to let your child burn off some energy? Perhaps you'd like to help your child improve their gymnastics skills, while learning to listen & follow directions for the upcoming school year? Or maybe your child is entirely new to gymnastics, & would like to give it a try?

Our Summer Session is the perfect time to give our classes a try! **Upon registration, you'll automatically be enrolled for the entire summer session of classes, which runs from July 5th through August 27th.** Please see our "Summer Session Information & Policies" listed on the back for information regarding tuition payment.

Sky Gymnastics offers a wide variety of classes for children ages 16 months to 18 years, & even adult gymnastics! Whether your child is just beginning in gymnastics, or they're a competitive gymnast, we're confident you'll find a class that suits your needs!

For new, & returning customers, there's 3 easy ways to register:

1. Online at www.SkyGymnastics.com by using an existing, or by creating a new, Parent Portal account
2. By email at Info@SkyGymnastics.com
3. By calling our Office at (607) 739-7080

Please note, once the Summer Session ends, all gymnasts are **withdrawn** from our program. Families must re-enroll for our Fall Academic Session, in order to continue in classes.

Shining Stars \$138 Monday 4:45- 5:30 Wednesday 5:45-6:30 Saturday 9:00-9:45	Girls Super Stars – 7-9 Years Old \$158 Monday 4:00-5:00 Tuesday 3:30-4:30 OR Tuesday 5:45-6:45 Wednesday 4:45-5:45 Thursday 3:45-4:45 OR Thursday 5:30-6:30 Saturday 9:00-10:00	Boys Super Stars \$158 Monday 5:45-6:45 Wednesday 4:45-5:45 Saturday 9:00- 10:00
Shooting Stars \$138 Monday 3:30-4:15 Wednesday 4:45-5:30 Thursday 4:45-5:30 Saturday 10:15- 11:00	Girls Super Stars – 10 Years Old & Up \$158 Wednesday 3:30-4:30 Thursday 5:45-6:45	Young Urban (5 to 8 Years Old) \$158 Tuesday 3:45-4:45 Saturday 10:15- 11:15 Urban Gymnastics (9 Years Old & Up) \$158 Monday 4:30-5:30 Tuesday 5:00-6:00
Rising Stars \$158 Monday 5:45- 6:45 Wednesday 3:30-4:30 Thursday 3:30-4:30 Saturday 10:00-11:00	Girls Super Stars Advanced \$198 Monday 5:15-6:45 Tuesday 4:45-6:15 Thursday 5:00-6:30	Tumbling Stars \$158 Monday 4:30-5:30 Wednesday 3:30-4:30 Saturday 10:15- 11:15
Girls Super Stars – 5 & 6 Years Old \$158 Monday 3:30-4:30 Tuesday 3:30-4:30 OR Tuesday 4:45-5:45 Wednesday 6:00-7:00 Thursday 4:15-5:15 OR Thursday 5:45-6:45 Saturday 9:00- 10:00	Girls Elite Stars \$218 Tuesday 4:15-6:15 Thursday 3:30-5:30	Intermediate Tumbling \$158 Monday 5:45-6:45 Wednesday 3:45-4:45 Adult Gymnastics \$198 Tuesday 6:15-7:45
Girls Pre-Team (Both Days)* \$179 Tuesday 2:30-4:00 Thursday 2:30-4:00	Xcel Bronze & Silver (Both Days)* \$219 Tuesday 12:00-2:30 Thursday 12:00-2:30	Xcel Gold, Platinum, Diamond & Sapphire (3 Days)* \$279 Monday 12:00-3:30 Wednesday 12:00-3:30 Friday 12:00-3:30

Please see the back of this sheet for class descriptions and fees. A complete list of enrollment policies is available on our website, as well as within your Parent Portal. Tuition rates quoted are based on a gymnast attending 1 class per week, unless otherwise specified.

**Pre-team, & competitive gymnasts should contact the Office with any questions regarding registration or tuition billing.*

Summer Session Information & Policies

Upon registration, you authorize Sky Gymnastics to process your credit/debit card immediately for the tuition due for the Summer Session. Tuition includes classes for the **ENTIRE** Summer Session, which runs from July 5th through August 27th, for all pre-school & recreational classes. Tuition listed for Pre-Team & Team level classes is monthly, with July's tuition due at the time of registration, & August's tuition being due by automatic payment using your credit/debit card on file on July 20, 2022.

Please note, Sky Gymnastics reserves the right to cancel any class due to low enrollment.

Summer Session Make-Up Policy: Just like college, your tuition pays for a class spot, REGARDLESS OF ATTENDANCE; however, as a courtesy, our program offers make-ups when doing so does not jeopardize the safety or integrity of the class. Make-ups must be done within the Summer Session that the class was missed, & cannot be carried over to the Fall Academic Session. Make-ups are not drop-in situations, & **MUST** be scheduled at least 24 hours in advance. Once a make-up is scheduled, it is up to you to get your child to that class; if you miss the make-up class, it still counts as a make-up. *Please note, if you cancel a make-up with less than 24 hours advance notice the make-up will be forfeited.*

Shining Stars (Girls and Boys, 16 Months - 3 Years Old WITH Parent) Monthly Fee – 45-minute class/1x per week for the entire Summer Session - \$138

Description: This class is the introduction to the magical movement of gymnastics using creative play and nurturing instruction. Parents and their young toddlers will participate in obstacles courses, many games, open gym and fun that all creates a unique atmosphere for learning. Our staff will direct activities in this class involving hand-eye coordination, eye-tracking skills, basic gymnastics and social skills. This is a great introduction to important social skills such as listening, following directions, taking turns, interacting with a teacher and communicating with their peers. Only children registered for the class and guardians may be out on the gymnastics equipment. Siblings must stay in the spectator area.

Shooting Stars (Girls and Boys, 3 years old – WITHOUT parent) Monthly Fee – 45-minute class/1x per week for the entire Summer Session- \$138

Description: Older and more confident, the Shooting Stars are ready for class on their own! Parents/Guardians are not allowed on the gymnastics floor/equipment during this class. Motion, music and fun activities mix together to make each class a treat. Basic tumbling progressions are taught, along with equipment activities based on each child's readiness. Our students will continue to work on important social skills such as listening, following directions, taking turns, interacting with a teacher and communicating with their peers. Students learn how to take instruction from the teacher without parents, giving them an advantage when starting school.

Rising Stars (Girls and Boys, 4 years old – WITHOUT parent) Monthly Fee – 1-hour class/1x per week for the entire Summer Session- \$158

Description: This class introduces and builds new skills on all the gymnastics events in a dynamic and age-appropriate environment. Parents/Guardians are not allowed on the gymnastics floor/equipment during this class. At this age, learning happens quickly as they start to work more independently. Through gymnastics, important life skills like taking turns, sharing and listening are taught to the gymnasts. Children will develop overall body control, coordination, balance and flexibility needed in all sports and extracurricular activities.

Girls Super Stars - 5 & 6 Years Old, Girls Super Stars - 7-9 Years Old, & Girls Super Stars - 10 Years Old & Up Monthly Fee – 1-hour class/1x per week for the entire Summer Session - \$158

Description: For our Girls Super Stars, we have designed an exciting program to work on progressions and beginner gymnastics skills on vault, bars, beam, floor, and trampoline/tumble trak. Our students will develop strength, flexibility, and coordination while learning new gymnastics skills. As they learn new skills, gymnastics will be fun and exciting along with the added benefit of increased self-esteem. We track each gymnast's progress with our ribbon reward program. Once the gymnast completes their skill card, they will be ready for Girls Super Stars Advanced.

Girls Super Stars Advanced (For Gymnasts who have completed their Girls Super Stars Skill Card) Monthly Fee – 1 ½ hour class/1x per week for the entire Summer Session - \$198

Description: For our Girls Super Stars Advanced, we have designed an exciting program to work on progressions and advanced gymnastics skills on vault, bars, beam, floor and trampoline/tumble trak. Our students will develop strength, flexibility, and coordination while learning new gymnastics skills. As they learn new skills, gymnastics will be fun and exciting along with the added benefit of increased self-esteem. We track each gymnast's progress with our ribbon reward program. Once the gymnast completes their skill card, they will be ready for Girls Elite Stars or Girls Pre-Team.

Girls Elite Stars (For Gymnasts who have completed their Girls Super Stars Advanced Skill Card) Monthly Fee – 2-hour class/1x per week for the entire Summer Session - \$218

Description: Girls Elite Stars is for the higher-level gymnast who has completed the Girls Super Stars Advanced Program and is not interested in competing. This class will focus on upper-level skills and progressions on every event. Conditioning and flexibility will become an important part of this program in order to improve the gymnast's skills.

Boys Super Stars – 5 Years Old and Up Monthly Fee – 1-hour class/1x per week for the entire Summer Session - \$158

Description: For our Boys Super Stars, we have designed an exciting program to work on progressions and beginner gymnastics skills on floor, rings, pommel horse, vault, parallel bars, and trampoline/tumble trak. Our students will develop strength, flexibility, and coordination while learning new gymnastics skills. As they learn new skills, gymnastics will be fun and exciting along with the added benefit of increased self-esteem. We track each gymnast's progress with our ribbon reward program. Once the gymnast completes their skill card, they will be ready for Boys Super Stars Advanced. Please note: Boys Super Stars may be combined with Boys Super Stars Advanced.

Young Urban (Girls and Boys – 5 to 8 Years Old) & Urban Gymnastics (Girls and Boys - 9 Years Old & Up) Monthly Fee – 1-hour class/1x per week for the entire Summer Session - \$158

Description: Urban Gymnastics is a discipline that allows students to effectively explore an environment in a creative manner no matter the obstacles. This is achieved through the use of core gymnastics and tumbling skills in combination with alternative Jumping – Climbing – Running – Strength and Balancing techniques. Examples of Urban Gymnastics have been seen in movies such as 007: Casino Royale, Prince of Persia and the television show American Ninja Warrior. This new discipline celebrates the unique interaction between only the human body and objects within the Urban Gymnastics Environment. Students will learn how to vault over objects, climb over objects swiftly, perform intermediate acrobatic skills, improve strength and flexibility.

Tumbling Stars & Intermediate Tumbling (Girls and Boys – 5 Years Old and Up) Monthly Fee – 1-hour class/1x per week for the entire Summer Session - \$158

Description: Our Tumbling Stars class is ideal for beginner tumblers of all ages. The class will consist of skills and drills to help student's master basic tumbling skills. After the basic skills have been mastered, students will be invited to work on intermediate level tumbling in our Intermediate Tumbling class. Each student will work on the skills appropriate for their individual skill level in either of these classes.

Adult Gymnastics (Ages 18+ Only) Monthly Fee – 1 ½ hour class/1x per week - \$198

Description: Are you a former gymnast looking to bring the excitement of gymnastics back into your life? Or maybe you've always wanted to try the sport, but never had the chance? If you answered yes to either of those questions, then this is the class for you! This 90-minute all-inclusive class is designed to provide adults with 60 minutes of gymnastics instruction, followed by 30 minutes of open gym time. Strength training and flexibility aspects will also be incorporated into the class.