

Tumbling Class Descriptions (Boys & Girls Ages 5 and older)

Tumbling Stars Description:

This beginner tumbling class is great for tumblers of all ages. The class will consist of skills and drills to help the student learn basic tumbling techniques. After the basic skills have been mastered, students will begin to learn more advanced tumbling. Each student will work on the skills appropriate for their individual skill level. Once the student completes their skill card they will be ready for Intermediate Tumbling.

Intermediate Tumbling Description:

(Boys & Girls Ages 5 and older):

Intermediate Tumbling is great for tumblers of all ages who have already mastered the basics. The class will consist of skills and drills to help the student learn more advanced tumbling skills and techniques. Each student will work on the skills appropriate for their individual skill level. Once the student completes their skill card they will be ready for Advanced Tumbling.