

## Head Over Heels Gymnastics Summer Day Program 2013

Come flip with us this summer at Head Over Heels Gymnastics! Our summer day program provides expert gymnastics instruction for children ages 4 years old and up. Our day program is for either children just beginning gymnastics or the gymnast with years of experience. All of our gymnasts will receive instruction on the gymnastics events including the trampoline and 40 foot long tumble trak.

### Why Choose Head Over Heels Gymnastics?

4000 square foot FULLY AIR CONDITIONED facility  
Trained and qualified staff  
FREE Before and After Care 8:00-9:30am and 4:00-5:30pm  
Open Gym Time EVERYDAY!!!!

### Cost of the Summer Day Program:

Full Day - \$185 \*  
Half Day Morning or Afternoon - \$120 \*  
Register for 3 weeks of more....ONLY \$170 per week!!  
Second Child Discount..... \$15 Off per week!!  
(\* Week of 7/1-7/6 – No July 4<sup>th</sup> - Full Day \$148, Half Day \$96)



### Other Things to Know:

Please pack a snack & lunch EVERY DAY! We do have a refrigerator for your child's snack/lunch. Half Day Morning Children will need to bring a snack but will not need to bring their lunch. Please put your child's name on all belongings. Children are broken into groups based on age/ability. Parents are required to sign their child(ren) in and out every day. If someone other than a parent is picking up your child, please add them to the Pick-Up Information form and give them the password.

### Sample Daily Schedule:

8:00-9:30	Doors open for early drop off. No Fee!!
9:30-10:00	Morning Warm-up
10:00-10:30	Bars
10:30-11:00	Trampoline
11:00-11:20	Snack
11:20-11:50	Floor
11:50-12:20	Open Gym
12:20-1:00	Lunch Break (Half Day Morning Ends at 12:30)
1:00-1:30	Afternoon Warm-Up (Half Day Afternoon Begins at 1:00)
1:30 -2:00	Tumble Trak
2:00-2:30	Beam
2:30-3:00	Gymnastics Fun and Games
3:00-3:30	Vault
3:30-4:00	Open Gym
4:00-5:30	Late Pickup. No Fee!!

### How To Register:

- Fill Out and SIGN the Registration/Pick Up Form
- Fill Out and SIGN the Medical form
- Send the \$100 non-refundable (per child/per week) This deposit will go towards your summer fee (Example: 1 child for 2 weeks = \$200 non refundable.)

**The entire remaining balance is due the first day your child is in the summer day program.**